



Celebrating Community Health Improvement

Child Health Advocacy Institute

June 2018

Community Health Improvement at Children's National

Children's National Health System's Child Health Advocacy Institute (CHAI) is celebrating community health improvement by raising awareness and increasing the understanding of community health improvement activities. This is an opportunity for Children's National to:

- **RAISE awareness and increase understanding** of the vital role of community health improvement strategies, as complementary to but distinct from individual medical care
- **DEMONSTRATE the value and impact** of community health initiatives, both within the organization and with community stakeholders
- **CELEBRATE community health professionals** in all settings, including hospitals, community health centers, public health agencies and healthy communities coalitions

About The Child Health Advocacy Institute (CHAI)

Improving our patients' health does not stop when a patient leaves the hospital. Strong community programs and child-centered policies are critical to building healthier lives for children. CHAI, through **leadership and collaboration**, advances **policy and systems changes** to achieve **health equity** for all children.

CHAI is made up of the Child Health Data Lab, Community Affairs, Government Affairs, and the Municipal & Regional Affairs departments. Learn more about CHAI by visiting, ChildrensNational.org/CHAI.

What is Community Health?

Community health is defined as improving the collective health status of our community. Community health is a multi-sector approach to provide access to preventive health services for all, deliver health education and connect people to resources, and help to ensure the health and safety of the environment in which people live, work and learn. It complements medical care by striving to help people maintain and improve their health every day.

Examples of community health activities include:

- **Promotion** – educational, social and environmental supports to change behaviors
- **Protection** – avoiding unintentional injuries; ensuring air, water and food safety; ensuring availability of healthy foods
- **Services** – care provision with an emphasis on preventive and primary medical care, public health services, and the management of chronic diseases



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Schedule of Events

Monday, June 4

9 a.m.-3 p.m.: Intern Advocacy Day at Capital Area Food Bank at 4900 Puerto Rico Ave NE, Washington, D.C. 20017 CHAI invites all trainees and faculty to take part in an educational advocacy experience at the Capital Area Food Bank, understanding how families face food insecurity and hunger, learning from and giving back to the community, and going through a hands-on poverty simulation. Registration required, please email Lanre at oofalusi@childrensnational.org.

3-4 p.m.: Child Health Disparities Special Interest Group Meeting, Conference Room M7607, 6th Floor

Leaders of CHAI will present on assessing the needs of the community and how the CHAI addresses these needs. This interest group focuses on increasing interdisciplinary collaboration among child health disparities researchers in the Washington, D.C.-Baltimore region and improving quality and scope of research relevant to health disparities. Open to all.

Tuesday, June 5

11 a.m.-12 p.m.: Health Education Network Meeting, Classroom C, Floor 3.5 West Wing

Members from CHAI and the Division of Endocrinology and Diabetes will present on Children's National role in Promoting a Healthy Food Environment & Tips for Hosting Healthy Meetings. Open to all.

Wednesday, June 6

8-9 a.m.: Grand Rounds on ACEs/Toxic Stress given by Dr. Nadine Burke Harris, Auditorium

Pioneering physician and author, Dr. Nadine Burke Harris will present on the link between toxic stress and chronic illnesses. Learn how childhood trauma affects health across a lifetime and the important role of primary care, mental health, research, policy, education and support services. Open to all. Reception to follow.

Thursday, June 7

8-9 a.m.: Special Grand Rounds on Immigrant Health, Auditorium

Experts will present on current immigration actions that affect children and ongoing efforts to advocate for immigrant families. Learn how partnerships between the health care system and the community are helping to improve health outcomes for immigrant populations. Open to all.

1-3 p.m.: Community Health Improvement Expo, Costco Atrium

Come out and learn about Children's National programs that focus on community health improvement. Learn about ways to become involved in community health improvement work. Participants will have the opportunity to engage in learning activities and receive a prize. Open to all.

Tuesday, June 12

6-8 p.m.: Science Café 360, Bus Boys and Poets, 625 Monroe Street, NE, Washington, DC 20017

Join the Clinical Translational Science Institute-Children's National and learn from experts on the topic of Screen Time: Engaging Youth to Develop Video Games that Increase Healthy Behaviors and Reduce Health Disparities. Open to all. Registration required. https://sciencecafe360_jun2018.eventbrite.com

Wednesday, June 13 and Thursday, June 21

Social Determinants of Health Bus Tour

Guided bus tours will embark on an eye-opening experience to allow attendees to visit local communities to learn about barriers that affect patients from low income neighborhoods. Facilitated discussion of interventions and information on available resources will be provided. Open to first-year medical residents (6/13) and CTSI researchers (6/21) only.

Tuesday, June 19

8 a.m.-3:30 p.m.: School Health Symposium, Auditorium

Join us for a symposium designed to strengthen relationships between our education and health care sectors so that every child can grow up stronger. Announcement of Community Health Improvement Awards. Open to all staff. Registration required. <https://childrensnational.org/school-health-symposium>

Tuesday, June 26

4:30-6:30 p.m.: Community Conversation, Auditorium

Join us during a special screening of the documentary film Resilience by James Redford. Engage in conversation surrounding the implications and effects of ACEs and how to advocate for better understanding and services for families to assist at-risk children. Open to all staff. <http://chaiconversations-aces.eventbrite.com/?s=84919424>

To volunteer, highlight your program at the Expo, or for additional questions please email: CommunityAffairs@childrensnational.org



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